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Health promotion for disadvantaged youth, health 2 you in 5 countries

JA2015 - GPSD [705038]

START DATE: 01/02/2011

END DATE: 01/02/2014

DURATION: 36 month(s)

CURRENT STATUS: Finalised

PROGRAMME TITLE: Second Programme of Community action in the Field of Health 2008-2013

PROGRAMME PRIORITY: -

CALL: Promote Health (Hp-2009)

TOPIC: PROMOTE HEALTH (HP-2009)

EC CONTRIBUTION: 402729.6 EUR

KEYWORDS: Health Promotion, Inequalities, Physical Activity, Pilot testing, Unemployment

PORTFOLIO: Social determinants and health inequalities

General objectives

The general objective of the project is the improvement of the health situation of young people between 16 and 20 years of age without a job and not in school education through the development of a health promotion concept for this target group. These factors of socio-economic disadvantages are seen as social level indicator for the target group. The concept aims at the improvement and preservation of health through positive influence on health determinants, improvement of health potentials and chances of the target group. An active contribution and participation of the envisaged target group will be sought in the sense of fostering their participation and empowerment in relation to their own health.

Strategic relevance and contribution to the public health programme

The reduction of socially determined inequalities of health chances is one of the major challenges for the European health systems. Especially young people without a job/employment or not being education have a very high risk to have unequal chances in terms of health and health promotion. The social level gradient is existing for nearly all health relevant topics (smoking, sports inactivity, TV consumption more than 3 hours a day, adipositas and psychological appearances) for the group of young people without jobs and education. Apart from their health condition and chances the approached target group of the project is however a group with many difficulties to reach and motivate for participation and health promotion. For current systems and approaches it seems difficult to connect health and health promotion with the life reality of youth and current mainstream offers for health promotion contain the danger to even increase the difference and divide in relation to health condition and healthy way of life as they mainly approach middle and upper social levels and not the desired target group.

Methods and means

The target group of the project is young people between 16 and 20 years of age which do not have a job/employment and who are not in any form of school education in the different partner countries of the project. According to the report "The health of disadvantaged groups in Europe" (Streich, 2000) they relate to the strongest influence factors for health inequality: very low income (social benefits), low job status (unskilled), low educational level and school degree, living in socially disadvantaged areas. In relation to the envisaged general and specific objectives the project will build on the following concrete methods:

1) Desk research: the starting point of the baseline research of health determinants, health promotion at young people between 16 and 20 years without a job and not in school education will be based on a scientific desk research of relevant secondary

data in all partner countries which will show the health status of the target group, their social structure, embedding in peer group settings, motivational background, perspectives etc.

2) Questionnaire based survey: on the basis of the findings of the desk research a questionnaire based survey will be developed, the questionnaire will mainly be constructed for personal interviews as the participation rate to mail or online questionnaires especially within this target group will be quite poor.

3) Iterative development: All concept development processes will follow an iterative quality cycle of development and reflection steps.

Expected outcomes period

Expected outcomes will be: 1) Improved health situation of young people between 16 and 20 years of age without a job/employment and not in school education, 2) Better Knowledge basis, 3) Improvement of health resources in the partner countries, 4) Promotion of positive health related activities at the target groups) Development of social networks, 6) Networking with related associations and networks, 7) Establishment of urban / communal networks. Core deliverables will be: Baseline Study Report, Health Promotion Concept for 16-20 years old young people, Pilot evaluation report, Quality management concept, Dissemination strategy.

COORDINATOR



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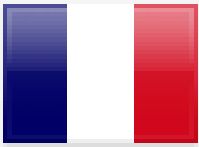
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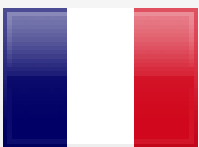


Réseau Associatif pour le Développement et l'Animation de l'Education et de la Culture en Région Bretagne - RADAR (until 21/03/2011)

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City: Liverpool

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D09-01 - Newsletter 1 (EN)

Verein zur Förderung der BBRZ Gruppe - BBRZ-G

Health promotion for disadvantaged youth,health 2 you in 5 countries (health 25)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d09-01_nl-1_en_ps_newsletter01.pdf

D02-02 - Evaluation Report Layman version (EN)

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D01-01 - Inception report (EN)

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D01-02 - Interim report revised June2012 (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d01-02_en_is_interim_report_revised_june2012.pdf

D01-03 Second Interim Report (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d01-03_o th_en_is.pdf

D02-01 - Final Report (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d02-01_s fr_en_ps.pdf

D02-03 - Evaluation Report (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d02-03_o th_en_is.pdf

D03 - Literature Review and Survey Reports (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d03_en_p s_literature_review_and_survey_report.pdf

D04 - Final Holistic Health Promotion Concept for 16-20 years old young people (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d04-oth_en_ps.pdf

D05 - Pedagogical/Psychological Concept (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d05_oth_en_is.pdf

D06 - Pilot evaluation report (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d06_oth_en_is.pdf

D07 - Quality management concept (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d07_oth_en_is.pdf

D08 - Dissemination strategy (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d08_en_is_dissemination_strategy.pdf

D09-02 - Project flyer (DE)

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Health promotion for disadvantaged youth,health 2 you in 5 countries (health

25)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d09-02_lft_de_ps_project_flyer.pdf

D09-03 - Project flyer (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d09-03_lft_en_ps_project_flyer.pdf

D09-04 - Other Dissemination Materials (EN)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d09-04_pos_en_ps.pdf

D09-05 - Other Dissemination Materials (EN)

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Health promotion for disadvantaged youth,health 2 you in 5 countries (health 25)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d09-05_others_en_ps.pdf

D09-06 - Other Dissemination Materials (EN)

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Health promotion for disadvantaged youth,health 2 you in 5 countries (health 25)

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d09-06_others_en_ps.pdf

D10 - Evaluation report (EN)

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Health promotion for disadvantaged youth,health 2 you in 5 countries (health 25)

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Final Report (EN)

Verein zur Förderung der BBRZ Gruppe - BBRZ-G

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http://ginume.cc.cec.eu.int:8082/publications/20091207/20091207_d02-01_sfr_en_ps1.pdf

Internal Assessment (EN)

Verein zur Förderung der BBRZ Gruppe - BBRZ-G

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